



# THE INSTITUTE FOR PALLIATIVE MEDICINE

*at San Diego Hospice*

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INTERNATIONAL PALLIATIVE CARE  
LEADERSHIP DEVELOPMENT INITIATIVE



## **John K. Weru, MD, HDIP, PC**

**Senior Doctor, Nairobi Hospital, Nairobi, Kenya**

Dr. John Weru is the Senior Doctor at the Nairobi Hospice. He is in charge of the clinical team ensuring that Palliative Care provision goes on smoothly day in day out. He is charged with preparing proposals for funding for acquisition of much needed drugs. He is a tutor and a module leader in the teaching of Higher Diploma in Palliative Care offered as a Franchise between the Nairobi Hospice and Oxford Brookes University, Scotland. He is also involved in giving Palliative Care trainings to undergraduate students at the University of Nairobi. He is a member of the teaching team providing

outreach trainings to both health care professionals and also non health care professionals dealing with people needing palliative care.

Every month, Dr. Weru writes an article on the issues of palliative care and life-limiting illnesses in a health magazine called “*AFYA DIGEST*”. This year, he has had two radio talks on palliative care and also three national television talks on the same subject. He has traveled to many areas of the country giving talks to health care workers on the issues of palliative care.

He is a member of the Kenya Hospices and Palliative Care Association (KEHPCA) where he is a member of the opioid availability taskforce charged with lobbying for national accessibility of opioid. He is a member for the national curriculum development committee which is charged with developing a nationally acceptable palliative care curriculum for all members of the multi professional team caring for patients with life-limiting illnesses. Dr. Weru sits in the scientific committee of KEHPCA. He has presented several papers at local and international seminars and conferences. He is also a member of African Palliative Care Association (KEHPCA) and Multinational Association for Support and Care in Cancer (MASCC).

Dr. Weru graduated from the University of Nairobi with an MBChB degree in the year 2000 and did his internship in the year 2001-2002. Before joining the Nairobi Hospice, he worked as a volunteer doctor at a rural based hospice since his medical graduation, he was instrumental in the setting up of this hospice. He earned a Higher Diploma in Palliative Care from Oxford Brookes University in 2007 the same year he began doing his masters in Palliative Care. This is ongoing at the University of Dundee via Distance Learning.