



THE INSTITUTE FOR PALLIATIVE MEDICINE

at San Diego Hospice

INTERNATIONAL PALLIATIVE CARE
LEADERSHIP DEVELOPMENT INITIATIVE



Natalya Dinat, MD (Mos) FCOG (SA) Mphil Pall Med (UCT), PG Cert Pall Care (KCL)

**The Centre of Excellence for Palliative Care Chris Hani
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Natalya Dinat is the Head of the Division of Palliative Care in the Department of Internal Medicine at the University of the Witwatersrand in South Africa. She is the Clinical Lead for Palliative Care Services for the Gauteng Department of Health at the Gauteng Centre of Excellence for Palliative care and heads the Wits University research syndicate; Wits Palliative Care.

She has been a researcher for more than 10 years and has a special interest in HIV related pains. She is a member of the NeupSIG subcommittee on neuropathic pain in developing countries, and a founding member of the SA Pain (a member of IASP) research group for HIV pain. Other research experiences lie in epidemiological and health systems research in HIV and palliative care.

Teaching and learning is her passion. She has pioneered palliative care teaching in the undergraduate medical programme at Wits. Palliative care has been in the core curriculum for the past 4 years at the Medical School. The innovative teaching methods she uses for clinical training at undergraduate and post graduate levels have received positive responses from the students and faculty. She has a text on palliative care approaches published and has co-authored a manual on communication skills. She supervises and has examined Masters students.

Recognition of her work in developing the first fully integrated public sector palliative care service in South Africa, has led to her presenting this model of service delivery, its impact, costs and policy implications to the highest committee, at the National Department of Health. She is leading in two projects to increase access to morphine in South Africa. Natalya Dinat has been recognized as a gender and health activist, and an activist for social justice. She was elected to represent women's groups at the High Level SANAC Plenary and has been featured several times in the annual Book of South African Women.

She qualified as a medical doctor whilst in exile, specialized as an Ob-Gyn, and went on to study in palliative care.