

RESIDENTIAL COURSE 2

SESSIONS and OBJECTIVES

LDI RC2-01, Presentation Skills for Media

Objectives:

After this presentation, participants will:

1. Discuss the value of public speaking in different venues
2. Use conversational small talk effectively in social situations
3. Prepare oneself to be effective on camera

LDI RC2-02, Keynote on Change (Jellison) - NEED

Objectives:

After this presentation, participants will:

LDI RC2-03, Overview of RC2

Objectives:

After this presentation, participants will:

1. Actuate and describe activities and purpose of Residential Course 2.
2. Engage in teambuilding activities and personal leadership development.
3. Enact leadership behaviors during the course and on the home front.

LDI RC2-04, Facilitation Skills

Objectives:

After this presentation, participants will:

1. Model behaviors of effective facilitation.
2. Describe small group facilitation behaviors that lead to success.

LDI RC2-05, Introduction to Strategic Planning Exercise

Objectives:

After this presentation, participants will:

1. Detail the elements of an effective Strategic Planning Process.
2. Use the Strategic Planning Overview Document.
3. Present and evaluate components of the Strategic Plan.

LDI RC2-06, Taking Mentoring to the Next Level

Objectives:

After this presentation, participants will:

1. Evaluate the mentor and mentee role and expectations.
2. Describe the optimal mentoring relationship and communication style.
3. Identify and implement key components to improve effective mentoring relationship.

LDI RC2-07, 5 Keys to Effective Teams

Objectives:

After this presentation, participants will:

1. Describe the components of a highly functioning and effective team.
2. Engage in an interactive conflict resolution process.
3. Identify impact of personal confusion and agenda on team dynamics.

LDI RC2-08, Negotiation Skills

Objectives:

After this presentation, participants will:

1. Describe and identify key components of a win-win negotiation.
2. Recognize how learning style influences negotiation.
3. Practice using the six steps for preparing to negotiate.

LDI RC2-09, Media Tip: Finding Your Voice

Objectives:

After this presentation, participants will:

1. Demonstrate exercises leading to relaxation through deep breathing.
2. Describe how to find and connect with the optimum pitch note (or natural note) of the voice.
3. Perform practical exercises to build resonant sound in the mouth, throat and chest.
4. Develop a more powerful vocal instrument safely and without strain.

LDI RC2-10, MBTI; Decision-making with Teams

Objectives:

After this presentation, participants will:

1. Describe personal MBTI profile and impact on teamwork.
2. Explore team decision-making process in context of MBTI.
3. Identify key components to optimize effective team dynamics.

LDI RC2-11, Conflict Management Styles

Objectives:

After this presentation, participants will:

1. Identify their personal Kraybill Conflict Style profile.

2. Describe the impact of behavior changes in the "calm" versus "storm".
3. Reflect on small group activities and conflict management styles.

LDI RC2-12, Media Tip: Finding Vocal Power

Objectives:

After this presentation, participants will:

1. Focus on using vowels to slow rapid speech patterns (a personal habit or triggered by anxiety).
2. Identify long and short vowel-sound patterns in English, and emphasize for clarity.
3. Demonstrate practical exercises to enhance vocal range and power.

LDI RC2-13, Presentation Skills for Different Learning Styles

Objectives:

After this presentation, participants will:

1. Identify their own Kolb learning styles.
2. Incorporate the four Kolb learning styles within a presentation.
3. Describe the impact of incorporating the different styles into a presentation.

LDI RC2-14, Enabling Others to Act: How Leaders Turn Their Followers Into Leaders

Objectives:

After this presentation, participants will:

1. Describe how leaders bring out the best in others.
2. Define the characteristics of good working relationships.
3. Move in ways that contribute to making people powerful.
4. Teach that trust is a critical ingredient in relationships.

LDI RC2-15, Media Tip: Communicating Clearly

Objectives:

After this presentation, participants will:

1. Speak more clearly and expressively.
2. Add vocal color for greater variety and meaning.
3. Demonstrate practical exercises to enhance vocal range and power.

LDI RC2-16, Crucial Conversations

Objectives:

After this presentation, participants will:

1. Describe components of a crucial conversation.
2. Engage in common crucial conversations with partners.
3. Move through the steps needed to resolve challenging conversations.

LDI RC2-17, Speaking to Power: 5 Tips for Success

Objectives:

After this presentation, participants will:

1. Identify the physiological responses to challenge.
2. More effectively engage power structures and people.
3. Outline important action steps needed to prepare, engage in, and follow-up to opportunities of speaking to power.

LDI RC2-18, Setting up Your Leadership Stories

Objectives:

After this presentation, participants will:

1. Identify examples of personal leadership stories.
2. Express the value and nuances of writing a personal narrative.
3. Begin to write a personal narrative.
4. Describe key differences between oral and written presentations.