

Messaging Implementation Strategy

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Overview

This session presents an overview of the entire LDI, and highlights outstanding items to satisfy the requirements to 'graduate' and receive the final diploma. Encouragement about moving 'up' as leaders, and some caution is given because leadership is often lonely and stressful when working without a supportive community. Balance and healthy self-care is emphasized.

The focus of the first Residential Course is developing oneself as a leader. The focus of the second Residential Course is developing leadership within your group or organization. The focus for the third Residential Course is leading beyond the organization and the Circle of Influence. Stretching into the Circle of Concern in order to develop broad-based leadership increases regional and global Palliative Care capacity.

To be finished:

- All session evaluations from the Residential Course.
- The final overall LDI evaluation.
- Leadership stories.
- IPCRC.net personal webpage.
- Reconciliation of the final budget, and any residual stipend funds returned to OHRI.
- Leadership Practices Inventory and any other final post-intervention assessments as requested.

Objectives

After this presentation, participants will:

- 1. Understand the deadlines for the remaining activities of LDI.
- 2. Know the requirements for the Final Diploma from LDI.
- 3. Comprehend the role of self-care in keeping life and work balance.

Important Teaching Points

- As you move further into the leadership world, it get lonelier.
- Carefully weigh the aspects of work you say 'yes' to. As every 'yes' is a 'no' to something else, find the balance of how much you can take on.
- If you find yourself dug into a hole, stop digging.
- Seek someone who can help you balance better (mentor, colleague, spouse, coach, etc.).
- Please refer to the PowerPoint on <u>www.IPCRC.net</u> for further detailed information.

Resources / References

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