



# OhioHealth

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## Growing Global Leaders... Advancing Palliative Care



# Finding Vocal Power

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# Steps for this morning

1. Working with consonants
2. Identifying personal challenges
3. Sending the message home

# Articulation

- Lips , teeth , tongue , soft palate
- First languages affect English articulation
- Identify which consonant sounds cause you problems
- Then I can help you with specific exercises

# Exercise ...

Remember oo – ah – eh – ii – ee ?

Now we add consonants starting at the top of the alphabet ...

- Boo Bah Bey Bi Bee
- Ooob – uh – Ahhhb – uh – Aaeeb – uh – liib – uh – Eeeeb – uh
- Boob – uh – Baahb – uh – Baeeb – uh – Biiib – uh – Beeeb – uh

# ... Exercise ...

- **C – Hard C sounds like K**

Coo – Kah – Cay – Ki – Kee

- **D**

- **F**

- **G**

- **Skip H because it is an aspirate sound**

- **J**

- **L**

- **M**

# ... Exercise ...

- N
- P
- Q – add U so it sounds like “ Quooo ”
- R
- S
- T
- V
- Z

# Tongue Twisters

Betty Botter bought some butter

But – she said – this butter's bitter

If I put it in my batter

It will make my batter bitter

- Voiceless articulation exercise

... and just for fun ...

- The Leith police dismisseth us

# Take - home thoughts

- **Good articulation is the key to vocal clarity**
- **Work on weaker consonant sounds with tongue twisters**
- **Effective leaders make every word count**
- **Honor both vowels and consonants for effective delivery of message**



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Gandhi...

*You need to be the change  
you want to see in the world...*

**Kobacker House  
Columbus, Ohio**

